



LEAT KUZNIAR, HBSC ND
Naturopathic Doctor
(201) 757-5558

Welcome to the Practice of Dr. Leat Kuzniar, ND LLC

Welcome to our clinic and congratulations on taking this first step to achieving optimal health and wellbeing! I'm honored to be your naturopath, and I'm committed to providing you with the best of care. I will be working with you in enhancing your body's natural healing ability and attaining and maintaining good health. I hope you will be fully committed to the process- ultimately your health and wellbeing is your responsibility. That being said, I look forward to serving as your partner in this journey. Here are a few things you should know:

Your Appointments:

In consideration for other patients, please arrive on time for your appointment and contact the office as soon as possible if you are running late. Please notify the office at least **24 hours in advance of your appointment (48 hours in advance of Wednesday evening appointments)** if you must cancel or reschedule. Missed appointments will be billed 50% of the visit cost. (Please note: there are times when I arrive only 15 minutes before a scheduled appointment- particularly on Wednesday evenings. Rest assured that I will be there for your appointment).

Health Maintenance Program:

Once you have achieved the specific health goals for which you came to the clinic, I encourage you to schedule periodic follow up visits to ensure health maintenance and focus on disease prevention. I am here as your partner in wellness, please do not hesitate to consult with me about all of your health concerns.

Supplements:

In many cases, I will recommend specific nutritional, herbal, or homeopathic medicines for you to take. Please **follow the instructions** on your "Plan of Care Instruction Sheet". If you experience any problems with the remedies, please let me know as soon as possible so that I can suggest appropriate changes if necessary.

When possible, I will give you the option of purchasing the supplements directly from me or through a nutrition store. Since the FDA does not regulate the supplement industry, and there are often concerns about safety and efficacy, there will be situations in which I can recommend only professional brand products to which medical professionals have access. In these cases, I will order the supplements for you for pick up at the office or to be drop shipped directly to you.

To ensure your continuity of care, please order your refills **at least 5 business days** before you need them. Orders may be placed via email or by calling the office (please list the brand and supplement name in your order). Opened supplements **cannot** be returned unless they are defective in some way. We are happy to accept returns of **unopened supplements within 30 days**. If we do not stock the supplement in the office, you may return it to the vendor (a restocking fee may apply).

Health Insurance:

Unfortunately, New Jersey state law **does not allow naturopathic doctors to provide medical diagnostic codes**. In most cases, my services will not be covered by insurance. You are therefore personally responsible for paying for services and supplements in full at the time of service or within one week of receipt of supplements. You will receive an itemized sales receipt and tax ID # for use if you would like to submit claims to your insurance provider or use a Health Savings Account.

Billing:

You may pay for services/ products with cash, check, or credit card. Our credit card processing company stores credit card information securely on its server for repeat billing purposes. We will always notify you before processing your credit card. If invoices are unpaid appointments are missed or inadequate notice is provided, we reserve the right to bill the credit card.

Contact:

It is my hope to create a personal relationship with you. If you have questions or concerns, you may contact me at 201-757-5558 or drkuzniar@njnaturopath.com. If you do not receive a response within one business day, please contact the office to ensure that your message was received. If you have questions requiring more than 10 minutes to answer, I will request that you schedule an appointment.

Referrals:

The highest compliment my patients give is the referral of their family members/ friends. Should you know of someone who could benefit from naturopathic care, please invite them to call the office to schedule a complimentary 15 minute phone consultation.

I look forward to working with you in helping you achieve your health goals.