



LEAT KUZNIAR, HBSC ND
Naturopathic Doctor
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LICENSED IN THE
STATE OF VERMONT

MEMBER OF
AMERICAN ASSOCIATION OF
NATUROPATHIC PHYSICIANS

Welcome to the Practice of Dr. Leat Kuzniar, ND LLC

Welcome to my practice and congratulations on taking this first step to achieving optimal health and wellbeing! I'm honored to be your physician, and I'm committed to providing you with the best care I can. As your naturopathic physician, I will be working with you in assisting you to make the changes required to enhance your body's natural healing ability and attain and maintain good health. To get the most out of your Health and Wellness program, I hope you will fully be committed to it, ultimately your health and wellbeing is your responsibility. That being said, I look forward to serving as your partner in this journey. Here are a few things you should know:

Your Appointments:

In consideration for other patients, please arrive on time for your appointment. If you are running late, please contact the office as soon as possible. If you must cancel or reschedule your appointment, please notify the office at least **24 business hours in advance**. Late arrivals and missed appointments will be duly billed.

Health Maintenance Program:

Once you have achieved the specific health goals for which you came to the clinic, I encourage you to schedule periodic follow up visits to ensure health maintenance and focus on disease prevention.

Supplements:

In many cases, I will recommend specific nutritional, herbal, or homeopathic medicines for you to take. Please **follow the instructions** on your "Plan of Care Instruction Sheet". If you experience any problems with the remedies, please let me know as soon as possible.

When possible, I will give you the option of purchasing the supplements directly from me, or through your local nutrition store. Since the FDA does not regulate the supplement industry, and there are often concerns about safety and efficacy, there will be situations in which I cannot recommend supplements other than the professional brand products to which only a doctor/nutritionist has access. In these cases, I will order the supplements for you.

To ensure your continuity of care, please order your refills **at least 5 business days** before you need them. Orders may be placed via email or by calling the office.

Health Insurance:

Unfortunately, New Jersey state law does not allow naturopathic physicians to provide insurance diagnostic codes. In most cases, my services will not be covered by insurance. You are therefore personally responsible for paying for my services and supplements. If you would like to submit claims to your insurance provider or use a Health Savings Account, I will gladly provide you with an invoice and tax ID number.

Contact:

It is my hope to create and maintain a personal relationship with you where the lines of communication are open. If you have questions or concerns, please ask. You may contact me through my office number at 201-757-5558. If my assistant Samantha cannot answer your question directly, she will gladly forward your message to me. You can expect a response within one business day. Alternatively, you may email me at drkuzniar@verizon.net. If you do not receive a response within one business day, please contact the office to ensure it didn't get lost in cyberspace. In answering your questions, a 10 minute phone consultation or email response is complimentary. Emails or phone conversations taking longer than 10 minutes will be billed at the regular hourly rate.

Referrals:

I am passionate about providing top quality naturopathic care. The highest compliment my patients give is the referral of their family members and friends. Should you know of someone who could benefit from naturopathic care, please do not hesitate to suggest they contact the office to schedule a complimentary 15 minute phone consultation.

I look forward to working with you in helping you achieve your health goals.

Yours In Health,
Dr. Leat Kuzniar, ND LLC